



# TUMUT HIGH SCHOOL

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Acknowledging  
Wiradjuri and  
Wolgalu Country

Issue 10

Thursday, 1<sup>st</sup> November 2018

## Netball State Champions



Congratulations to the Year 7/8 boys netball team who finished first in the TAFE NSW Netball Schools Cup in Sydney on 26<sup>th</sup> September. They were undefeated during the competition. The team was Joey Roddy, Nathan Butt, Hayden Watling, Jimmy Booby, Ashton Baker and Haiden Ings from Year 8 and Jed Beavan, Aubrey Petfield and Eddie Dodds from Year 7.

Thanks to Coach Ms Whyte and parents for all their support and encouragement.

## Mountain Bike Riverina Champions



Congratulations to Max Harris, Ryan Boyd, Jay Casey and Jack O' Malley who were successful in the Intermediate category of the Riverina all schools Mountain Bike Challenge on Sunday October 21<sup>st</sup>. The boys competed against teams from all over the Riverina over a 4 km course which each rider completed 4 times. As the last lap loomed Jack made a passing manoeuvre that placed THS first by a second. Congratulations and well done to the team. Special thanks to the support of parents and Mr Wray.

## School Leaders for 2019



Congratulations to Year 11 students Samantha Barton and Sam D'Allesandro elected school Captains with Clara Dobbie and Bronson Sutton elected Vice Captains for 2019.

**Working Together – Achieving Together**



## DATES FOR YOUR DIARY

TERM 4	
<b>Week 4</b>	<b>Beginning Monday, 5<sup>th</sup> November</b>
Monday - Friday	Yr 9 PAIN Trip 1
Friday	Yr 11 Reports Assembly 12:30pm
<b>Week 5</b>	<b>Beginning Monday, 12<sup>th</sup> November</b>
Wednesday - Thursday	Yr 9 Goobarragandra Camp
Thursday	Yr 12 Formal Farewell 6pm
<b>Week 6</b>	<b>Beginning Monday, 19<sup>th</sup> November</b>
Monday - Friday	Yr 9 PAIN Trip 2
Tuesday - Thursday	Yr 8 Tathra Camp
Friday	Yr 6 Transition Day

## ASSESSMENT DUE DATES

TERM 4	
<b>Week 5</b>	<b>Beginning Monday, 12<sup>th</sup> November</b>
Monday	Year 10 Exams: English, Science, History, Geography, Agriculture, Visual Arts
<b>Week 6</b>	<b>Beginning Monday, 19<sup>th</sup> November</b>
Monday	Year 10 Exams: LWSkills, Drama, Evolution of Business, Law & Order, Mathematics, PASS, Food Technology, Music

### SENTRAL Parent Portal

Log in to this portal for details on student attendance, timetables and daily school notices.

Please contact Mr Taylor if you are having issues accessing this portal.

<https://tumut-h.sentral.com.au/portal/login>



### Student Success

Congratulations to Year 12 student Abel Lawson who has recently been successful in winning an RCM Scholarship at the Riverina Conservatorium of Music. Abel has been awarded a gold scholarship for guitar classical advanced sponsored by Wagga Wagga South Lions Club.



### Year 12 Final Assembly

Year 12 had their last school assembly on Friday, 28<sup>th</sup> September 2018 in the FD Purcell Centre. Thank you to all the parents/caregivers who attended this momentous occasion. Best wishes to our Year 12 students who are nearing HSC completion and ready to take on their next challenge.



### Reports Distributed Term 4 2018

Year 7: Assembly Wednesday, 19<sup>th</sup> December  
 Year 8: Assembly Wednesday, 19<sup>th</sup> December  
 Year 9: Assembly Wednesday, 19<sup>th</sup> December  
 Year 10: Assembly Monday, 17<sup>th</sup> December  
 Year 11: Assembly Friday, 9<sup>th</sup> November



## Ag Farm news

The school was successful in gaining an Ecogrant in 2016 from the NSW Environmental Trust. This grant enabled the Tumut grevillea and Bush Tucker project to run. The grant enabled the following to be achieved at the Ag farm:

- Information signs explaining how to do cuttings of the grevilleas
- Mesh benches for the outdoor hardening off area of the nursery
- Holding bays for sand and soil
- Native plants and soil for the Bush tucker garden
- A Bush Tucker excursion for the Poultry/Enviro group with NPWS ( Shane Herrington and Talea Bulger

The students have been the driving force to achieve these projects and the area is vastly improved and can be used to propagate the endangered Tumut grevillea. Thanks to the following for their involvement in this project: Robert Bulger and his daughter for their advice and help in beautifying the shade house with traditional art work. Steve Hamill for advice and plants and seed. Adam Shipp from greening Australia for an excellent workshop on bush tucker. Shane Herrington and Talea Bulger for their input into students experience with bush tucker and to the students of Tumut High School, particularly the Poultry Enviro group who have put many hours into designing, planning, planting and maintaining the area. Special thanks to Mrs Beale for instigating.



This project has been assisted by the New South Wales Government through its Environmental Trust.

## Premiers Debating Challenge

Congratulations to our Year 7-8 debating team who defeated Koorinal High School in the Premiers Debating Challenge. THS were the affirmative for the topic "Young offenders that break the law, should do community service instead of going to prison". Debaters on the day were Eddie Dodds, Megan Castle, Lexie Oag and Abbey Taylor.



The next round of debating was the quarter final against Hay. This debate was on a new level for our debaters Megan, Eddie, Daniel Castle and Abbey as it was held via video conference. The team defeated Hay arguing the negative "That we should limit car ownership to one per household."



The team next defeated Albury High School again in a video conference debate arguing for the affirmative "That fast food restaurants like McDonalds and KFC should only be allowed to serve people over 18". They now progress to the Riverina grand final. Thanks to Mr V for organising.

## TAFE NSW Netball Schools Cup

Congratulations to the Year 7/8 girls netball team who came 5<sup>th</sup> at the State finals. Thanks to coach Ms Whyte and assistants Ms Perry and Ms Rossington. Well done girls.





## Central Australia

On Sunday, 23<sup>rd</sup> September 32 students departed for a two week adventure to Central Australia & Outback Queensland. Here is a brief outline of our travels.

**Day 1:** to Dubbo – visited the giant satellite dish at Parkes enroute to the Western Plains Zoo.

**Day 2:** to Cunnamulla – passed the gate to the outback and small towns seeing the “Big Bogan” at Nyngan before crossing the Queensland border.

**Day 3:** to Barcaldine – learnt about the towns of Charleville, Tambo and Blackall before visiting the “Tree of Knowledge” at Barcaldine.

**Day 4:** to Winton – stopped at “School of the Air” in Longreach and Stockmans Hall of Fame. Passed the Tropic of Capricorn and visited the Dinosaur Museum at Winton. It was a novelty for us to sleep under the stars.

**Day 5:** to Mt Isa – a highlight of our trip was the mine tour at Mt Isa.

**Day 6:** to Devils Marbles – On the coach we had fun with auctions buying random items and Jimmy interviewed everyone. Funds raised from this activity were donated to the Royal Flying Doctor Service. Crossed the QLD/NT border.



**Day 7 & 8:** to Alice Springs – stopped at the UFO Capital of Australia at Wycliffe Wells. At Alice Springs we had a tour of the old Telegraph Station and briefly visited ANZAC Hill. We got to see a range of animals at Desert Park. We enjoyed scenic walks at Standley's Chasm and Simpsons Gap.

**Day 9:** to Kings Canyon – visited the Royal Flying Doctor Service and had a tour. Shopped in Alice Springs CBD before riding camels at Stuart Wells Camel Farm.

**Day 10:** to Yulara – After a great walk around Kings Canyon we drove to Mt Connor lookout. Another highlight of our trip was watching the sunset at Uluru.



**Day 11:** Ayers Rock – had a guided tour around the base of the rock where we learnt so much about Uluru and it's significant culture. We liked the cultural/visitor information centre. We exercised some more walking at Kadajuda.

**Day 12:** to Coober Pedy – crossed NT/SA border. We viewed the Breakaways outside Coober Pedy before arriving for our opal tour. That night we slept underground which was great.

**Day 13:** to Port Augusta – a tour of Coober Pedy on our coach was followed by travel through Glendambo. We took lots of photos on the salt lake – in the middle of nowhere.

**Day 14:** to Mildura – At Burra we went to a lookout for a great view of the old copper mines and the town itself. Also stopped to look at Loch 11 on the river at Mildura. That night we gathered around the fire for music and dance.

**Day 15:** to home – Crossed over to NSW. Stopped at Balranald, Hay and Narrandera before getting home.

Overall we travelled close to 8000kms. Everyone had a fantastic time and highly recommends other students travel Australia with THS.

A big thanks to Mr V, Miss Dowling and Mr Raj - our wonderful supervising staff. And thanks to Goodes coaches – Jimmy and Andrew for their professional care all the way.

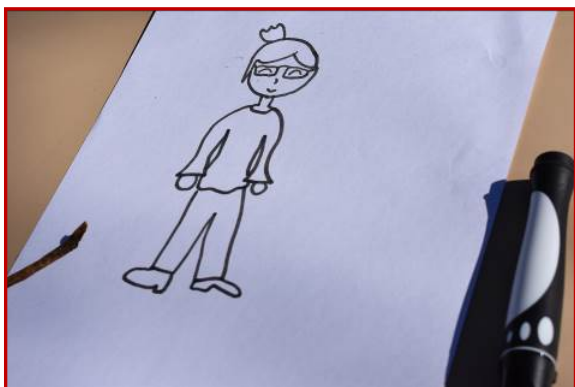
*By Andy Dodds Yr 9*





## Year 7 Alternative Learning Program

Our Year 7 students have been busy working on teamwork with fun participation in group challenges. They also enjoyed drawing portraits of our staff.



Year 7 recently enjoyed a day trip to Canberra to visit the Australian War Memorial and CSIRO Discovery Centre. Students were very attentive on the self-guided tour at the War Memorial and actively participated in the team fact treasure hunt using ipads and QR Codes.

## Year 8 PDHPE



Year 8 PDHPE students under the guidance of Mrs Ryan, have been working in groups to design a 5 minute workshop that was presented to their peers in the form of a "Health Expo".

They chose topics such as Overcoming Depression, Coping with Stress, Managing Anxiety and Sources of Support for Young People in the Community with Eating Disorders.



As part of their presentation they were required to come up with a practical activity. They had find-a-words, celebrity quizzes, finger painting, colouring in, yoga and meditation.



## Year 9 Radio school news



Every Thursday, two students from Year 9 visit our local radio station to deliver our school news. The students involved have enjoyed this opportunity and are keen to continue.



## Year 10 Driving Simulator



Year 10 students had the opportunity to engage with a car simulator which gave them the experience of the effects alcohol and distractions have on drivers.



In pairs students had a turn driving when under the influence of alcohol and the effects it had on them whilst driving and trying to concentrate whilst trying to answer questions simulating reading a text.

It was extremely beneficial for the student to see the impacts these had on them while driving and the importance of not engaging in risky activities while driving.



Thank you to the Rotary club of Young and Tumut for bringing this valuable learning experience to Tumut High School.

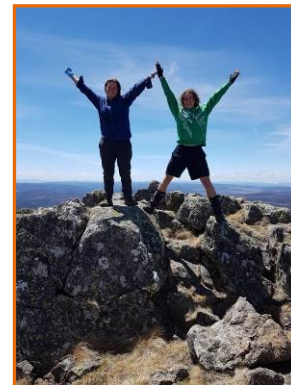
## Year 10 work experience



Brooklyn Randall has enjoyed her week at Coach House Flowers

## 10TREK

Ten Trek is a five-day bushwalking trip into the Jagungal Wilderness area of the Kosciuszko National Park. This year 20 students enjoyed this experience making great memories with staff members Mr O'Brien and Mrs Stiles.



The walk started at Round Mountain carpark with a short walk to the hut for our first night camping. Day 2 was a challenging hike along Farm Ridge Firetrail to O'Keefes Hut. On Day 3 we walked to the Tumut River where we left our packs and hiked to the top of Mt.Jagungal. It really was worth it to see the wonderful view from the top. We took lots of photos. Camp on day 3 was at Derschko's Hut. A beautiful walk across an open plain and bridges over the creek was the last stretch on Day 4 staying at Round Mountain Hut again. The last day was spent packing up for the final time and enjoying a final look around before walking back to our bus.

*By James Rummary Yr 10*





## THS students in action



### SONGS FOR SAM SCHOLARSHIP 2018 NOW OPEN

Are you aged between 15-25 and a resident of the Snowy Valleys Council area?

Do you have a special interest, hobby or passion that you would like some help with?

Please visit our website below for further information on how to apply

[www.songsforsam.org](http://www.songsforsam.org)

Applications close: Midnight - Monday 12th November



Support up to \$1000 available

Encouraging and empowering young locals to pursue their interests, follow their dreams and reach their full potential through community and financial support

## Burrabinya Program

THS welcomed Brungle Public School in Week 2 to join in with our Indigenous students as part of the Burrabinya Program with COMPACT leader Shannon Hibbens and Aunty Winnie Bulger. The program involves THS students and other community members to share in storytelling with painting a shipping container on the school oval. The story is about the river from Kiandra to Tumut including traditional animals labelled using Wiradjuri language. The project will take a few weeks and students are keen to add the finishing touches upon completion being their individual hand prints.



## Young Endeavour Youth Scheme



This is an 11-day program for 16-23 year olds seeking adventure. Year 10 student Dominic Erbacher, recently sailed the STS Young Endeavour from Brisbane to Newcastle, with unforgettable days of smiles, laughter and hard work.

Dom's first few days were spent learning about sails, lines, and sea life, and getting to know the 21 other 'youthies' from across the country. A typical day at sea included delicious meals, deck games, practical lessons on sailing, watches, trips ashore and hanging out aloft or in the cafe. Dom's comment sums it all up. "It's honestly been the trip of a lifetime, and I strongly recommend this to everyone (over 16) at THS. The friendships born, and memories made, are unparalleled."



Clontarf Foundation & Tumut High School invite you to a

# Community Information Session

FROM LITTLE THINGS BIG THINGS GROW

clontarf foundation

The Clontarf Foundation and Principal of Tumut High School extend a warm invitation for you to join us for afternoon tea. We would like to discuss the opportunity of opening a Clontarf Academy at Tumut High School in 2019 with you.

We would also like to share the current successes we are achieving in engaging young Aboriginal and Torres Strait Islander men into education and how the community plays a vital role in our programme.

**Tumut High School Resource Centre**

**Please join us on Monday 12th November at 5:00-6:00pm.**  
Refreshments provided

Contact Don Dixon: [donald.dixon1@det.nsw.edu.au](mailto:donald.dixon1@det.nsw.edu.au) or  
Ryan Woolfe: [rwoolfe@clontarffoundation.com.au](mailto:rwoolfe@clontarffoundation.com.au)

# clontarf foundation

## what?

The Clontarf Foundation exists to improve the education, discipline, life skills, self esteem and employment prospects of young Aboriginal and Torres Strait Islander men and by doing so equip them to participate more meaningfully in society. The Clontarf Foundation conducts full-time mentoring programmes in selected high schools and colleges that cater for the specific educational needs of participants.

## who?

Any Aboriginal or Torres Strait Islander boy enrolled at a host School can apply to be part of the programme. To maintain their position in the Academy participants need to show commitment towards the education programme, school activities and football training.

## how?

In partnership with a host School, the Academy will support students to remain at school until they complete Year 12. Students are mentored to develop a range of life skills, employment aspirations and improved self-confidence. The Foundation will continue to guide students as they transition from school to further study, training and/or employment.

## why?

The Clontarf Foundation involves participants in activities, camps and workplace visits to develop a broad range of life skills. Highlights include interstate and regional tours, inter-Academy activities and excursions.

FROM LITTLE THINGS BIG THINGS GROW

clontarf foundation

Please contact Clontarf Foundation staff for all enquiries  
Ryan Woolfe: [rwoolfe@clontarffoundation.com.au](mailto:rwoolfe@clontarffoundation.com.au)  
Don Dixon: [donald.dixon1@det.nsw.edu.au](mailto:donald.dixon1@det.nsw.edu.au)  
Clontarf Foundation Central Office: (08) 9356 2500

For more information visit our website [clontarf.org.au](http://clontarf.org.au)

Australian Bureau of Statistics

# NATIONAL

## Aboriginal and Torres Strait Islander HEALTH SURVEY

“Your Health. Our story. Have your say by taking part in the Health Survey”

JOHNATHAN THURSTON  
North Queensland Cowboys, NRL

Good health, our future

## National Aboriginal and Torres Strait Islander Health Survey

### COMMUNITY FACT SHEET

From July 2018, the Australian Bureau of Statistics will be visiting selected communities to carry out the National Aboriginal and Torres Strait Islander Health Survey.

Selected households will have the chance to talk to us about their health so that government and health care services can make decisions that will help you, your children and your community live long, healthy lives.

**What is the National Aboriginal & Torres Strait Islander Health Survey (NATSIHS)?**

The NATSIHS collects information about the health and wellbeing of Aboriginal and Torres Strait Islander people all over Australia.

Your answers will help governments and healthcare services decide where to spend money on things like health clinics and health education. The answers you give us help to make sure money is being spent where it's needed most.

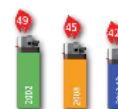
**Health rating 2012-13**

(15 years and over)



**Percentage of daily smokers**

(15 years and over)



**What is involved?**

The NATSIHS asks people questions about their health and lifestyle. One of our friendly interviewers will ask some questions about your health which include:

- What you eat and drink
- Exercise
- Smoking
- Your culture
- Any health problems like diabetes



We will also ask to measure your weight, height and blood pressure and ask you to complete a hearing test. This is first time that NATSIHS has had a hearing test. We will give you a copy of your test results so you can look at them again, or you can take them to your community clinic to talk to the nurse about what they mean.